



Hungry Hearts Foundation

Please deliver food MON - FRI / 9am - 3pm:
9623 32nd ST SE
Suite A-101
Lake Stevens, WA 98258

Thank you for downloading our Kid-friendly Food Wish List. Please take this with you the next time you go shopping. These are the items that we need the most and will make the biggest impact when we include them in our weekly backpacks.

Please avoid donating items packaged in glass and always check expiration dates on all donated food. Our program will not distribute expired food.

Kid-Friendly Food Wish List

ENTRÉE ITEMS

- Tuna Helper & Chicken Helper
- Cans of soups - chicken noodle, tomato, kid-themed
- Cans of Meat - Chicken, Tuna, Spam, Vienna Sausage
- Cans of pasta meals – Spaghetti O's, Beefaroni, Spaghetti & Meatball
- Cans of Chili and Beef stew
- Microwave Easy Mac & Easy Macaroni and cheese Cups
- Microwavable ready to eat meals - Barilla, Hormel Compleats

BREAKFAST ITEMS

- Chewy & Crunchy Granola Bars
- NutriGrain Bars/Breakfast Bars/Cereal Bars
- Fiber One Bars/Protein Bars
- Pop Tarts
- Jams & Jelly (18oz plastic jars preferred)
- Instant Oatmeal, Instant Cream of Wheat (Single Serve Packets-Any Flavor)
- Cereal (1oz – 2oz Single-Serving Boxes Only)

SNACK ITEMS

- Cookies & Crackers – Single Individual Pack Sizes
- Chips – Single Individual Pack Sizes
- Boxed Pudding & Jell-O Mixes
- Fruit Leathers
- Freeze Dried Fruits
- Trail Mix - Single Individual Sized
- Raisins and Craisins - Single Individual Sized
- Fruit Cups – Single Individual Sized
- Jars of Applesauce (in plastic jars only)

Drinks

- 100% Fruit and/or Vegetable Juice Pouches/Boxes
- UHT Shelf Stable Milk (1% or chocolate flavored) (6oz-8oz boxes)
- Hot Chocolate Packets
- Apple Cider Packets